

On the evolutionary state of massive stars in transition phases in M33

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ABSTRACT

The advanced stages of several high-mass stars are characterized by episodic mass-loss shed during phases of instability. Key for assigning these stars a proper evolutionary state is to assess the composition and geometry of their ejecta alongside the stellar properties. We selected five hot luminous blue variable candidates in M33 to refine their classification, investigate their circumstellar environments, and explore their evolutionary properties. Being accessible targets in the near-infrared, we conducted medium-resolution spectroscopy with GNIRS/GEMINI in the *K*-band to investigate their molecular circumstellar environments. Two stars were found to display CO emission, which was modelled to emerge from a circumstellar or circumbinary Keplerian disc/ring. The identification of the carbon isotope ¹³C and, for one of the two stars, a significantly low ¹²CO/¹³CO ratio, implies an evolved stellar state. As both CO emission stars are highly luminous and hence do not undergo a red supergiant phase, we suggest that stripping processes and equatorial high-density ejecta due to fast rotation are responsible for the enrichment of the stellar surface with processed material from the core. A candidate B[e]SG displays an absorption CO profile, which may be attributed to a jet or stellar pulsations. The featureless infrared spectra of two stars suggest a low-density gas shell or dissipation of the molecule due to the ionizing temperature of the star. We propose spectroscopic monitoring of our targets to evaluate the stability of the CO molecule and assess the time-dependent dynamics of the circumstellar gas structures.

Key words: circumstellar matter – stars: emission line, Be – stars: massive – supergiants – stars: winds, outflows – infrared: stars.

1 INTRODUCTION

Mass-loss constitutes the most substantial property that drives massive stars throughout the diverse evolutionary channels (Smith 2014). The latest stellar models incorporate the updated knowledge on mass-loss and provide a way to assign observed stars a current evolutionary state and further predict their fate (Ekström et al. 2012). Observational evidence of massive stars exhibiting eruptive events, however, clearly indicate deviations from the conventional and well determined line-driven mass-losses that are typically shown during the early phases of the stellar life (Vink, de Koter & Lamers 2001). Instead, the proximity to the Eddington luminosity limit, the high-rotational velocities, encounters with companions, and variability in the outer stellar layers due to pulsations, and energetic shocks are shown to trigger or enhance large amount of expelled gas (Gräfener, Owocki & Vink 2012; Langer 2012)

Episodic and/or eruptive mass-loss events introduce and characterize the peculiar transient states of Luminous Blue Variables (LBVs; Humphreys & Davidson 1994), B[e] supergiant stars (B[e]SGs; Zickgraf et al. 1985), and Yellow Hypergiants (YHGs; de Jager 1998), which are found to occupy distinct regions in the upper Hertzsprung–Russell (HR) evolutionary diagram. From the evolutionary point of view, B[e]SGs are classified as evolved, post-main-sequence hot stars with $\log L/L_{\odot} > 4$. They were originally suggested as fast rotators possessing a two-component wind; a fast and low-density polar component and a slow, dense equatorial outflow (Zickgraf et al. 1985, 1986; Curé, Rial & Cidale 2005). Observational studies on the geometry of the ejecta confirm the presence of circumstellar discs and rings, which however, are found to be in Keplerian rotation (Aret et al. 2012; Cidale et al. 2012; Wheelwright et al. 2012; de Wit, Oudmaijer & Vink 2014; Aret, Kraus & Šlechta 2016; Kraus 2017; Kraus et al. 2017; Maravelias et al. 2017). Compared to B[e]SGs, both classes of LBVs and YHGs on average display higher luminosities ($\log L/L_{\odot} \gtrsim 5.4$) with the latter class being constrained by the Humphreys–Davidson limit (Humphreys

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& Davidson 1994) at $\log L/L_{\odot} \sim 5.8$. Davies, Crowther & Beasor (2018) recently refined this limit at $\log L/L_{\odot} \sim 5.5$, although their study focused exclusively on the luminous cool population of the Magellanic Clouds. The LBVs in quiescence span an extended region in the HR diagram that is believed to host two separate populations associated with different evolutionary paths; a high-luminosity population formed by LBVs that may still be at their core-hydrogen burning phase, and a low-luminosity population that comprises evolved stars, which have already passed through the red supergiant (RSG) phase and undergo a blueward loop (Groh et al. 2013; Humphreys et al. 2017b). YHG are also regarded as post-RSG stars (Stothers & Chin 2001) although it is not clear whether they constitute ancestors of LBVs or an end-point state of intermediate-mass massive stars (Clark, Neuguera & González-Fernández 2014). The evolutionary link between B[e]SGs and the other two evolved classes has been discussed in many studies (e.g. Stothers & Chin 1996; Morris et al. 1996; Marston & McCollum 2008) but is still under investigation.

From the spectroscopic point of view, these three types of peculiar stars display signatures of gas ejecta indicated by the broad hydrogen emission, which either stands out from H α survey catalogues (e.g. Massey et al. 2007) or systematically or occasionally appear during spectroscopic monitoring (e.g. Lobel et al. 2003). Low-excitation lines of singly ionized metals, such as Fe II and [Fe II] typically make their appearance in the spectra of the three types (Lamers et al. 1998; Clark et al. 2014; Humphreys et al. 2017a). Emission of [O I] and [Ca II] further characterizes the classes of B[e]SGs and YHGs (e.g. Aret et al. 2012, 2017; Humphreys et al. 2017a), but is absent or not prominent in LBVs. With respect to their spectral energy distribution (SED), B[e]SGs show a remarkable near-infrared excess arising from warm/hot circumstellar dust (Zickgraf et al. 1986; Bonanos et al. 2009, 2010). In contrast, LBVs lack hot dust and typically display free-free emission in the near-infrared due to winds. Excess toward longer wavelengths is frequently observed, and implies extended volumes of cool dust formed due to past eruptive events (Wolf & Zickgraf 1986; McGregor, Hyland & Hillier 1988a). YHGs are often enshrouded by warm dust (although not as prominently as B[e]SGs are), and differentiate from the other hot two classes showing a red continuum in the optical that is consistent with A-G type stars.

Characterizing the stellar properties of the three extreme types is undermined in the sense that, in outbursts, actual photospheres are usually veiled under optically thick material that is formed during severe mass-loss events (Davidson 1987; Oudmaijer et al. 2009). Alternatively, the properties of the ejected gas e.g. temperature, composition, and density, allow insight on stellar properties such as the intensity of the radiation field and surface abundances. In turn, assessing the internal mixing processes and the geometry of the ejecta could help to infer on the rotational status of the star (Decressin et al. 2007). An optimal tracer for the distribution of the expelled gas is found to be the CO molecule observed in the K-band (Kraus et al. 2000, 2013). Given its dissociation temperature at 5000 K, the CO traces the warm circumstellar gas, which survives the strong radiation field from the hot star (McGregor, Hillier & Hyland 1988b). The study of the ^{13}C isotope as a product of core-helium burning processes is a step further to shed light on the evolutionary state of the star (Kraus 2009; Liermann et al. 2010; Kraus et al. 2013). Observations of ^{13}CO indicate enrichment of the stellar surface via internal mixing or/along with stripping processes induced by enhanced mass-losses. Measuring the ratio $^{12}\text{CO}/^{13}\text{CO}$ serves as a robust method to evaluate the abundance of processed material (e.g. Kraus 2009; Humphreys et al. 2014; Muratore et al.

2015) with a low ratio even promoting a post-RSG classification (e.g. Oksala et al. 2013).

Nearby galaxies with well-established distances offer the opportunity to acquire reliable luminosities, which are essential for discriminating among the various subclasses of B[e] stars (Lamers et al. 1998) and for selecting potential YHGs against their lower mass counterparts and the foreground contaminants (Gordon, Humphreys & Jones 2016). Moreover and as previously mentioned, luminosity is the main property to tell about different evolutionary origin of LBV stars. Studies in the Magellanic Clouds, M31, and M33 galaxies exploit the accessibility of such targets to undertake optical and infrared studies at resolutions sufficient for assigning a proper classification and identifying molecular enrichment (Oksala et al. 2013; Humphreys et al. 2014, 2017a; Kraus et al. 2014, 2016; Sholukhova et al. 2015; Torres et al. 2018). In this frame, we discuss on the evolutionary state of five hot LBV candidates in M33 by combining newly presented near-infrared spectroscopy with multi-band photometry. We refine the classification of these stars and suggest scenarios that could be subjects of follow-up studies towards a comprehensive picture of the mass-loss mechanisms. The paper is structured as follows: in Section 2, we describe the input data and discuss on the infrared colours of the targets; in Section 3, we describe the spectroscopic observations and model the CO first-overtone band heads of two stars showing emission; in Section 4, we model the SEDs of the stars to infer on the stellar and surrounding properties; and in Section 5, we discuss our results alongside the literature studies. Concluding remarks are given in Section 6.

2 SELECTED SAMPLE

We selected five hot LBV candidates in M33 from Massey et al. (2007) with the aim to strengthen or refine their classification based on our spectrophotometric exploration. The sample stars are listed in Table 1. The reference study conducted narrow-band imaging centred on the H α , [S II], and [O III] lines in nine Local Group galaxies and applied photometric criteria to suggest emission-line stars as objects of particular interest. Upon optical spectroscopy, the authors classified as ‘hot LBV candidates’ those stars with a spectrum similar to that of known LBVs in M31 and M33, although it was noted to be indistinguishable from that of luminous B[e]SGs. Of our five selected LBV candidates, J013406.63+304147.8 was classified as such already in Massey et al. (1996), whereas star J013442.14+303216.0 was reported as a questionable LBV due to the lack of forbidden lines in its spectrum. The latter star shows a large $B - V$ colour index, which renders it as a potential YHG or an LBV in outburst.

2.1 Photometric data

Photometry from the Local Group Galaxy Survey (LGGS) in the *UBVRI* was employed from Massey, Neugent & Smart (2016), which contains improved astrometry and revised $U - B$ colours with respect to the initial release of LGGS. For the needs of building the spectral energy distributions of our objects, we complemented the optical observations with data from infrared counterparts using a search radius of 2 arcsec from the LGGS coordinates. We retrieved three 2MASS sources, whereas all stars were included in the latest *Spitzer* point-source catalogue by Khan et al. (2015), which contains sources in the IRAC (3.6, 4.5, 5.8, 8 μm) and MIPS (24 μm) images in the direction of seven star-forming Local Group galaxies. The resulting photometry in the range 0.37–24 μm is listed in Table 1.

Table 1. Photometry and 1- σ uncertainties of our five studied stars in M33.

LGGS	<i>U</i>	<i>B</i>	<i>V</i>	<i>R</i>	<i>I</i>	<i>J</i>	<i>H</i>	<i>K_s</i>	[3.6]	[4.5]	[5.8]	[8.0]	[24]
J013248.26+303950.4	16.129	17.320	17.252	17.012	16.885				15.81	15.55	15.29	13.89	12.69
	0.005	0.004	0.003	0.004	0.005				0.04	0.05	0.06	0.07	
J013333.22+303343.4	18.305	19.296	19.397	18.439	18.888	17.06	15.92	14.79	13.25	12.69	11.94	11.30	10.08
	0.008	0.006	0.004	0.006	0.008	0.18	0.15		0.05	0.04	0.04	0.22	
J013406.63+304147.8	15.118	16.257	16.084	15.858	15.761	15.44	15.22	14.97	14.64	14.14	13.61	10.91	8.45
	0.007	0.006	0.004	0.006	0.008	0.05	0.10	0.11	0.05	0.06	0.1	0.08	
J013442.14+303216.0	18.348	18.199	17.341	16.888	16.435	16.03	15.23	14.56	13.73	13.20	12.5	11.46	10.04
	0.009	0.007	0.005	0.007	0.009	0.08			0.02	0.02	0.03	0.08	0.1
J013235.25+303017.6	17.093	18.052	18.007	17.871	17.706				16.35	15.89	15.38	13.88	10.65
	0.007	0.006	0.004	0.006	0.007				0.02	0.03	0.09	0.08	0.21

Mid-infrared photometry obtained by the Wide-field Infrared Survey Explorer (AllWISE; Cutri & et al. 2014) was additionally explored using a matching radius of 6 arcsec equal to the angular resolution of WISE at 3.6 and 4.6 μm , although not included in our fit study as it could be subject to contamination from nearby sources. Magnitudes were converted to fluxes using effective wavelengths and zeropoints made available by the SVO Filter Profile Service.¹

2.2 Infrared diagrams

We built infrared colour–magnitude and colour–colour diagrams for the extreme stellar content in the Local Group. These are displayed in Figs 1 and 2, respectively. The counterparts of evolved stellar classes are shown to stand out from photometric survey catalogues owing to their characteristic infrared colours associated with dust and wind excess (e.g. Bonanos et al. 2009, 2010; Britavskiy et al. 2015; Kouniotis et al. 2017). We show the LBVs and B[e]SGs in the Magellanic Clouds from Bonanos et al. (2009, 2010), B[e]SGs and YHGs in the Galaxy from Kraus (2009) and de Jager (1998), respectively. The B[e]SGs and Warm Hypergiants (WHGs) in M31 and M33 are taken from Humphreys et al. (2017b). The latter designation stands for dusty luminous post-RSGs with absorption-line spectra typical for A–G spectral type stars, which further show emission of forbidden lines (Humphreys et al. 2017a). Although the status of WHGs resembles that of YHGs, they are not found to display the reported spectacular outbursts of the latter, hence we avoid a direct association.

Due to uncertainty in the distance to the Galactic objects, we only show the extragalactic stars in Fig. 1. All B[e]SGs, LBVs, and YHGs/WHGs are luminous stars with $M_{[3.6]} < -8$ mag. In principle, LBVs separate from B[e]SGs, which occupy a region with $0.6 < [3.6] - [4.5] < 0.8$ mag indicative of hot dust excess. The outlier B[e]SG LH 85-10 in the LMC, originally classified by Massey, Waterhouse & DeGioia-Eastwood (2000), shows a SED similar to that of classical Be stars (Bonanos et al. 2009), which we consider to be the most likely classification for the star. We show the population of the luminous and also high mass-loss Wolf–Rayet stars in the Clouds from Bonanos et al. (2009, 2010), which clearly differentiate from our three studied classes due to their intrinsically bluer colours. The Galactic extreme objects are additionally shown in the colour–magnitude diagrams of Fig. 2. In lack of *Spitzer* data, we show the $K_s - W2$ colours using the equivalent W2 passband magnitude from WISE at 4.6 μm . The dispersed $K_s - W2$ values of the Galactic B[e]SGs are due to the photometric uncertainty of WISE at the saturation limit. Interestingly, they are shown to display particularly

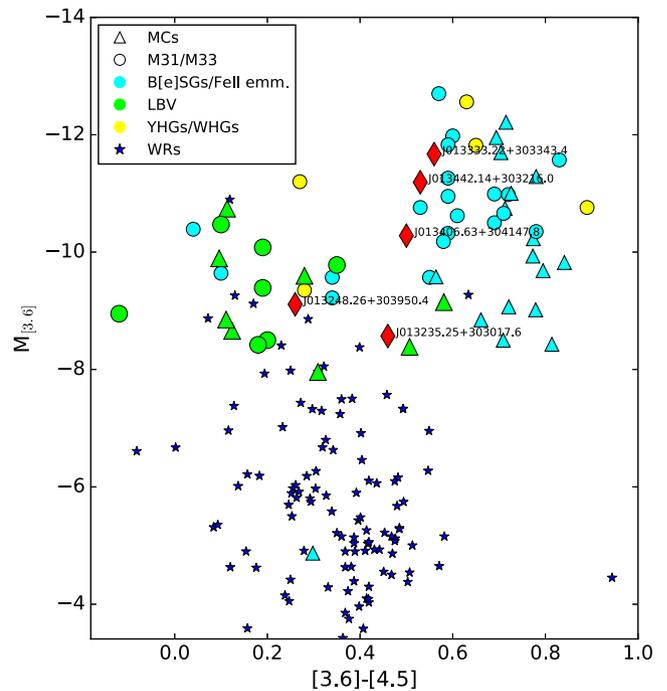


Figure 1. $M_{[3.6]}$ versus $[3.6] - [4.5]$ colour–magnitude diagram for the three extreme stellar types of LBVs (green), B[e]SGs (blue), and YHGs/WHGs (yellow) in the Magellanic Clouds (triangles) and M31/M33 galaxies (circles). The less luminous B[e] star corresponds to LH 85-10 in the LMC (see in the text). Data were taken from Bonanos et al. (2009, 2010) and Humphreys et al. (2017b). We show the location of our target stars with red diamonds. For comparison, we additionally plot the population of WRs in the Magellanic Clouds.

red colours, which we attribute to high extinction. Due to their cooler photospheres, YHGs have on average redder 2MASS colours ($J - K_s > 0.5$ mag) than those of LBVs. The hot dust surrounding B[e]SGs is primarily responsible for their distinct location in the colour–colour diagrams. On the other hand, the relatively bluer mid-IR colours of LBVs are mainly driven by winds. The majority of the Galactic YHGs show lack of warm dust compared to their M31/M33 counterparts, raising a question on possible effect of metallicity on their mass-loss mechanism. Interestingly, no such correlation is shown for the LBVs in the MCs and M31/M33, which could be attributed to their continuum-driven and thus metallicity-independent mass-losses.

Being infrared bright sources, the stars of our sample fit into our scientific objective, with one star being a potential LBV and at least two showing colours characteristic of B[e]SGs. YHGs appear

¹<http://svo2.cab.inta-csic.es/theory/fps/>

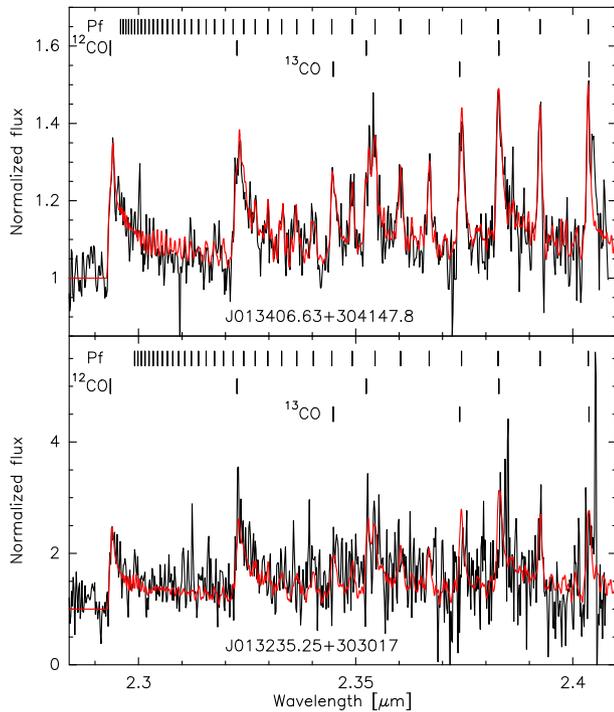


Figure 4. Fit to the CO band and Pfund line emission. Ticks mark the positions of individual features.

Starting with the ionized gas region, we use the hydrogen recombination series code of Kraus et al. (2000) to model the spectra of the Pfund series. This code follows Menzel’s recombination theory (Menzel, Aller & Baker 1938) and computes the emission of the Pfund series under the assumption that the lines are optically thin. We fix the electron temperature at $T_e = 10\,000$ K, which is a reasonable value for ionized winds (Leitherer & Robert 1991). Fixing the temperature is no severe restriction, because the line emission is not very sensitive to the temperature. The spectrum of J013235.25+303017 is rather noisy and the Pfund line emission is very weak (see Fig. 4), making it difficult to determine the real shape of the hydrogen line profiles. From the Pfund lines in J013406.63+304147.8 we find that a Gaussian line broadening of ~ 70 km s $^{-1}$ represents the line widths and shapes of the recombination lines reasonably well, and we utilize a Gaussian profile to model the Pfund lines in both objects. High densities within the Pfund line-forming regions lead to pressure ionization, so that the highest levels cannot be populated, and the Pfund series display a sharp cut-off. This level and the corresponding density are included with the other fitting parameters in Table 3.

To model the CO bands, we utilize the CO code of Kraus et al. (2000) suitable to compute the molecular emission from rotating rings and discs in local thermodynamic equilibrium. This code has been advanced by Kraus (2009) to include the emission from the isotope ^{13}CO , for which we see clear indication in the spectra of both stars. The shape of the first band head in both objects displays a blue shoulder and a red maximum, although it is less pronounced in J013235.25+303017. Such a shape results from double-peaked profiles of the individual ro-vibrational CO lines and is characteristic for rotating rings or discs (Carr 1995; Kraus et al. 2000, 2013, 2014, 2015, 2016; Cidale et al. 2012; Muratore et al. 2015; Maravelias et al. 2018). The sharp onset of the CO band head suggests that the emission formation region is dominated by a single rotation velocity,

implying a narrow ring rather than an extended disc. In this case, the free model parameters (CO temperature, column density, and rotation velocity projected to the line of sight) are all constant. Constraints for the CO temperature and column densities can be obtained from the strength of the higher band heads and the level of the quasi-continuum between them. In addition, the strength of the first band head of ^{13}CO provides the $^{12}\text{CO}/^{13}\text{CO}$ ratio and is hence a measure for the stellar surface enrichment in ^{13}C at the time when the material was released. The parameters for the final fits are summarized in Table 3, and the best-fitting models to the observed emission, normalized to the continuum, are depicted in Fig. 4.

4 SPECTRAL ENERGY DISTRIBUTIONS

The SEDs of our target stars display the characteristic near-infrared excess, which is typical of surrounding dust and/or ionizing wind (Fig. 5). Three of the five stars show excess at the longer wavelengths that indicates extended, cool dust envelopes likely formed due to past eruptive activity.

Modelling the SEDs allows to determine stellar temperatures, retrieve the properties of the dusty environments, and measure bolometric luminosities. The process is thoroughly described in Kouniotis et al. (2017) and is based on a Levenberg–Marquardt minimization scheme for fitting the observed LGGs, 2MASS, and *Spitzer* photometry, setting as free parameters the stellar and dust temperature(s) along with scaling factors as functions of the stellar radius and the emitting surface of the dust, respectively. The dust components were modelled as modified blackbodies with a dust emissivity index $\beta = 1.5$. Values of the visual extinction were taken from Humphreys et al. (2014), delivered either from correcting the reddened colours of known stars located close to our science objects or using the column density maps of neutral hydrogen. Given the large uncertainty in the A_V value of the very luminous object J013406.63+304147.8, we exceptionally fixed its temperature at $T_{\text{eff}} = 30\,000$ K, in agreement with the late-O spectral type of the star from the literature. Extinction laws were taken from Cardelli, Clayton & Mathis (1989), setting $R_V = 3.1$. We did not account for additional circumstellar extinction under the hypothesis that the absorbed blue radiation from the surrounding dust is re-emitted in the infrared.

In lack of sophisticated atmospheric models for reproducing atmospheres of the discussed stellar phases, we used a wide range of low-gravity ATLAS9 models from Howarth (2011). We chose models at half-solar metallicity similar to that of the LMC, consistent with the location of the stars outside the centre of M33 (Urbaneja et al. 2005). The models assume a mixing length to pressure scale height ratio $l/H = 0.5$ and a microturbulence of $v_t = 2$ km s $^{-1}$ that may, however, vary among supergiants. We stress that an LTE approach would not account for the physical conditions that manifest on the atmospheres of eruptive stars. Whereas non-LTE effects in principle undermine the fit of individual spectral lines, metal blanketing is responsible for veiling part of the ultraviolet continuum. We hence estimated temperatures excluding *U*-band flux from the fit process. We caution that due to the energy conservation, line-blanketing would cause a continuum rise over optical wavelengths, although, observations in the *BVR*I appear to well reproduce the best-fitting model. Exception is J013333.22+303343.4, which shows a discrepant *R*-band measurement that was excluded from the fit and is attributed to a broad *H α* emission. For the four hot candidates, we complemented the SED fit with a wind spectrum due to free–free radiation and successfully reproduced the observed power-law tail in the infrared. We fixed the electron temperature

Table 3. *K*-band emission model parameters.

Object	Pfund lines			CO bands				
	$v_{\text{gauss, pr}} \sin i$ (km s^{-1})	T_e (K)	n_{max}	n_e (cm^{-3})	$v_{\text{rot, CO}} \sin i$ (km s^{-1})	T_{CO} (K)	N_{CO} (10^{21} cm^{-2})	$^{12}\text{C}/^{13}\text{C}$
J013406.63 + 304147.8	70 ± 5	10 000	59	4.8×10^{12}	75 ± 5	2500 ± 250	1.0 ± 0.5	5 ± 1
J013235.25 + 303017 ^a	70 ± 10	10 000	54	8.1×10^{12}	50 ± 10	4000 ± 1000	2.0 ± 1.0	10 ± 2

Note: ^a Due to the poor quality of the spectrum, the derived values are only rough estimates.

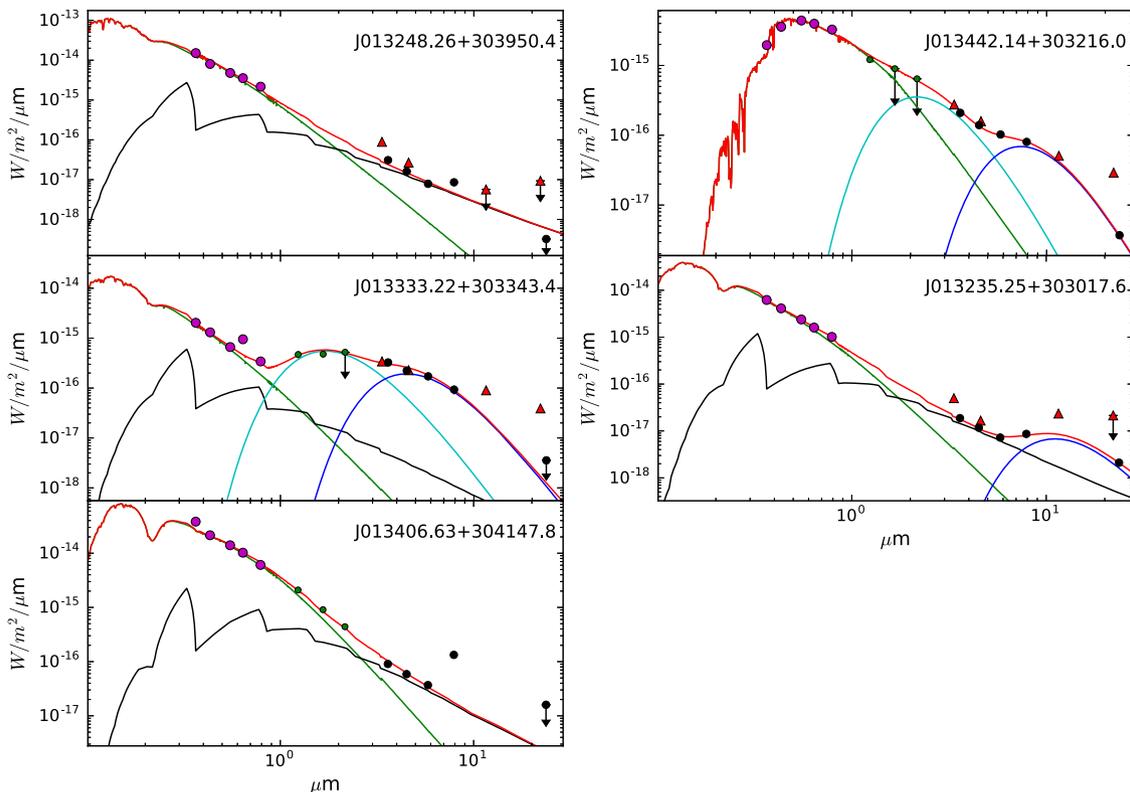


Figure 5. Spectral energy distributions for our five luminous stars in M33. We show photometry from LGGS (magenta circles), from 2MASS in *J*, *H*, *K*_s (green circles), IRAC 3.6, 4.5, 5.8, 8 μm and MIPS 24 μm from *Spitzer* (black circles). An arrow indicates an upper limit in the flux. The best-fitting model (red line) is the sum of the reddened, Kurucz photospheric component (green line), a free-free wind model (black line), a hot dust component (cyan line), and a cool dust component (blue line). The parameters corresponding to the fits are provided in Table 4. Photometry from WISE is additionally plotted (red triangles) but not included in the fits.

$T_e = 10\,000$ K. The envelope was reddened according to the aforementioned extinction values and stellar radii were adopted from the fit model.

Bolometric luminosities were delivered by integrating the unreddened best-fitting SED models across the photometry, and regarding that contribution from flux above 24 μm is negligible. The distance to M33 was set to the value $D = 964 \pm 54$ kpc (Bonanos et al. 2006). Following Kourniotis et al. (2017), we measured uncertainties using a bootstrap procedure by fitting 1000 sets of photometry and distance uniformly selected within their uncertainties. We further accounted for the half-step error in the temperature of the ATLAS9 models, and quadratically added to the statistical error. We accordingly propagated to the uncertainty of the integrated luminosities. The fit parameters are listed in Table 4. In Fig. 5, the best-fitting photospheric, wind, dust, and total flux models, are plotted over the SEDs of the five studied stars.

For the two CO emission stars, namely J013406.63+304147.8 and J013235.25+303017.6, we examined the case that a surrounding disc may contribute to the integrated luminosity. Given our lack of

knowledge on the inclination, size, and structured composition of the disc, we assumed that both the wind and dust emission originate exclusively from the disc. By excluding these components from the SED of the two stars, the integration of the photospheres yields negligible differences (< 0.01 dex) from the currently provided luminosities, which are veiled by the error in the distance to M33.

In the following section, we link the inferred physical parameters to the evolutionary phase of the stars in conjunction with the obtained infrared spectroscopy.

5 DISCUSSION

The key to better understand the complex evolutionary scheme for peculiar stars is to evaluate the observed properties of stars in conjunction with the current theoretical expectations. Populating the HR diagram is essential to refine the regions and limits of instability and update the values of mass-loss rates at critical phases e.g. a cool supergiant phase, which define the posterior evolution of the stars. The incidence of outliers could potentially highlight

Table 4. Parameters of the inferred SED models.

LGGS	$E(B - V)$ (mag)	T_{eff} (K)	$\log L/L_{\odot}$	Dust	Winds
J013248.26+303950.4	0.4	23000 (540)	6.07 (0.05)	–	yes
J013333.22+303343.4	0.5	29500 (1030)	5.52 (0.06)	1300 + 490 K	yes
J013406.63+304147.8	1.4 (fit)	30000 (500)	7.1 (0.06)	cool?	yes
J013442.14+303216.0	0.5	6000 (125)	5.25 (0.04)	1030 + 300 K	–
J013235.25+303017.6	0.8	33000 (500)	6.15 (0.04)	200 K	yes

the role of rotation and binarity. We proceeded to investigate the nature of our five stars over the HR diagram of Fig. 6. Overplotted are shown the Geneva evolutionary tracks (Ekström et al. 2012) for initial masses 20–60 M_{\odot} at solar metallicity and assuming rotation at the 40 per cent of the critical velocity. Each grid/age point of a track is colour coded with respect to the expected $^{12}\text{C}/^{13}\text{C}$ ratio.

We indicate the location of the reported LBVs, B[e]SGs, and YHG/WHGs in the Local Group (de Jager 1998; Smith, Vink & de Koter 2004; Kraus 2009; Humphreys et al. 2017b, and references therein). For several LBVs and YHGs, a dotted horizontal line connects the hot quiescent with the cool eruptive state of the star. In principle, luminosities are thought to preserve during the instability phases of the star, although Campagnolo et al. (2018) recently reported an increase in the bolometric luminosity of the LBV R40 during the eruption of 2016. The majority of LBVs in quiescence are well confined within the S Dor instability strip. In their outbursts, counterparts with luminosities above $\log L/L_{\odot} \sim 5.8$ are shifted over or even beyond the Humphreys–Davidson limit. The less luminous LBVs are post-main-sequence stars that during their eruption may be found within the so called ‘Yellow Void’. The latter locus is theoretically predicted to host stars with negative density gradient in part of their extended atmospheres (Nieuwenhuijzen & de Jager 1995; de Jager et al. 2001). YHGs are believed to bounce against the Yellow Void, exhibiting outbursts that shift them redwards due to the formation of optically thick winds or pseudo-photospheres (de Jager & Nieuwenhuijzen 1997; Oudmaijer et al. 2009). The luminosity threshold of $\log L/L_{\odot} \sim 5.4$ for a YHG appears to well agree with the observed low-luminosity LBVs, which renders the latter as potential descendants of YHGs. Few WHGs in M31 are found below the luminosity limit (Fig. 6), although, and as already stressed in Section 2.2, none of these have shown eruptive behaviour. Similarly, no outbursts have been reported for the four YHGs below $\log L/L_{\odot} \sim 5.4$, three of which are in the LMC and 6 Cas in the Galaxy. On the blue region of the HR diagram, B[e]SGs occupy a wide locus with luminosities up to $\log L/L_{\odot} \sim 5.7$, with three stars exceeding further and up to 6.3. Similar to the low-luminosity LBVs, their location on the evolutionary diagram supports their evolved nature, with the exception of a couple of hot stars at $\log L/L_{\odot} \sim 5.3$ (Fig. 6). Nevertheless, the latter could trace the post-RSG path of stars with $M_{\text{ini}} = 25 M_{\odot}$.

In the following paragraphs, we separately discuss on the evolutionary state of our five target stars.

(i) J013248.26+303950.4 is noted as an iron star by Clark et al. (2012) showing signatures of warm circumstellar dust due to the excess at $8 \mu\text{m}$. Our SED fit, however, indicates infrared photometry consistent with free–free emission from winds, although data from WISE may not exclude the presence of cool dust (Fig. 5). Given the constraint at $24 \mu\text{m}$, the excess at $8 \mu\text{m}$ is likely due to PAH emission instead of a dust component. The optical spectroscopy by Humphreys et al. (2017a) indicates emission of He I and H α lines,

which are characteristic of the supergiant class. The presence of Fe II and [Fe II] lines renders the star as counterpart of our studied stellar types. The inferred luminosity of $\log L/L_{\odot} \sim 6.1$ that places the star within the S Dor strip along with the absence of [O I] (Humphreys et al. 2017a) favour a classification of an LBV in quiescence instead of a B[e]SG or YHG.

The featureless *K*-band spectrum of the star is similar to that of LBVs (Oksala et al. 2013) implying conditions that prevent the appearance of CO lines. The photospheric Pfund lines are filled with emission originating in the ionizing wind, which is responsible for the photodissociation of the CO molecule. As also seen in Fig. 5, the wind dominates the near-infrared continuum of the star. McGregor et al. (1988a) stated that CO association could occur at large distances around hot luminous stars, when the strong stellar winds compress a remnant shell ejecta to sufficiently high densities. The data from *Spitzer* however, do not point out a dust envelope that could result from a previous mass-loss event, which makes less likely that our *K*-band spectrum captures a variable CO profile.

(ii) Of our less luminous objects, J013333.22+303343.4 stands out due to its significant infrared excess requiring two different dust components; a hot dust envelope of 1300K located close to the star, and a cool dust volume of 500 K extending further. The star shows an evident *R*-band excess due to a broad H α emission. Free–free emission from winds provides fit to the *I*-band measurement, which deviates from the photospheric component. Integrating the SED model yields $\log L/L_{\odot} = 5.5$, placing the star at the end of its core-hydrogen burning phase or at the hot phase of a blueward evolutionary loop (Fig. 6). The spectroscopic study of Humphreys et al. (2017a) reports emission of He I, Fe II, [Fe II], [O I], which is typically shown in the spectrum of B[e]SGs. Nebular lines of [N II] are reported by Humphreys et al. (2014).

The infrared spectrum of J013333.22+303343.4 is one of the few of the candidate B[e]SGs showing the CO band heads in absorption. The carbon isotope ^{13}C is present, however, due to the low S/N ratio we cannot resolve a $^{12}\text{CO}/^{13}\text{CO}$ lower than 10. Consequently, we cannot conclude whether the star is departing from the main sequence or is an evolved post-RSG star. Whereas a stable CO emission in B[e]SGs is associated with a dense equatorial disc/ring, absorption implies that the molecular gas interferes between the observer and the star. A jet oriented along the line of sight could stand as a plausible explanation. Mehner et al. (2016) discovered a jet emerging from the projected centre of the Galactic MWC 137, a B[e]SG that is also known to host a gaseous circumstellar disc. The current *K*-band spectrum of J013333.22+303343.4 does not support the presence of a circumstellar disc that could fuel the jet as may happen in the case of MWC 137, although it may not exclude filling-in CO emission. Another interpretation is that possible pulsational activity of the star could modulate the spectroscopic profile of the surrounding gas, which is expelled in the form of a shell ejecta. Expansion thus cooling of the gas behind the pressure front of a pulsationally driven shockwave, could give rise to a periodical

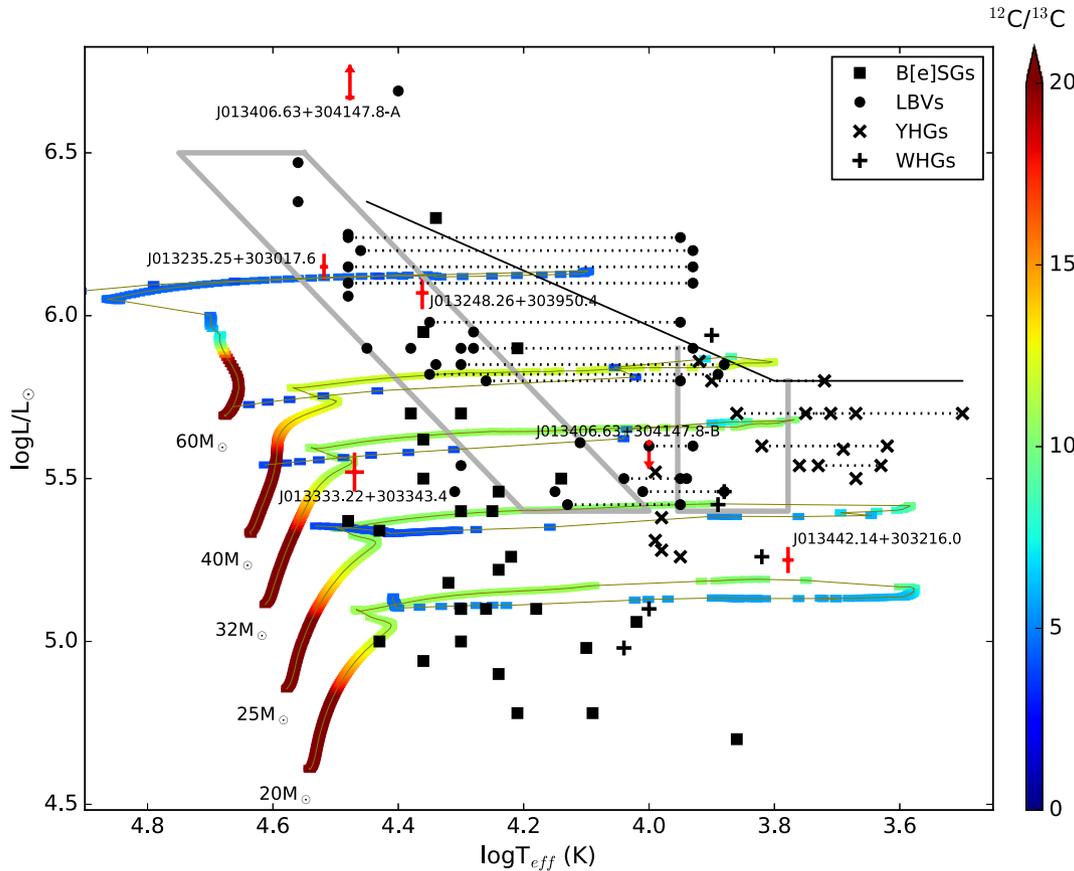


Figure 6. HR evolutionary diagram for the LBVs (circles), B[e]SGs (squares), and YHG/WHGs (‘x’ symbols) in the Local Group galaxies from the studies of de Jager (1998), Smith et al. (2004), Kraus (2009), and Humphreys et al. (2017b). A dotted horizontal line indicates the transition phases for several LBVs and YHGs. We mark with grey line the regions corresponding to the S Dor instability strip and the cooler Yellow Void. The Humphreys–Davidson limit (Humphreys & Davidson 1994) is shown with black thick line. Evolutionary models at solar metallicity from Ekström et al. (2012) are overplotted, assuming rotation at the 40 per cent of the critical velocity. The grid points of the stellar tracks are colour-coded with respect to the $^{12}\text{C}/^{13}\text{C}$ ratio. The location and 1- σ uncertainties of our discussed stars are displayed with red.

CO absorption. A K -band monitoring throughout the possible pulsational cycle is needed to resolve such mechanism. Accordingly, a profile variability in the He I line of the B[e]SGs LHA 120-S 73 and LHA 120-S 35 was suggested to be due to stellar pulsations (Kraus et al. 2016; Torres et al. 2018).

It is tempting to assume that CO absorption may not emerge from the gaseous surroundings but rather, it has photospheric origin. Liermann et al. (2014) reported a CO absorption spectrum for the Galactic B[e] stars MWC 623 and AS 381, which rises from a cool (K-type) supergiant companion. Both B[e] stars are less luminous than J013333.22+303343.4 ($\log L/L_{\odot} < 5$), which makes this scenario less likely for our case but, at the same time, more appealing. We examined the case that the SED model incorporates the spectrum of a cool secondary of temperature 2000 – 5000 K, which is necessary to give rise to the molecular CO lines, the coolest reported RSG in M33 has a temperature of 4300 K (Drout, Massey & Meynet 2012) and can drop as low as 2700 K in the LMC (Neugent et al. 2012). Due to the degeneracy between the hot dust temperature and that of the cool stellar body, we cannot set tight constraints on the latter. The marginal value of 2700 K yields the highest possible luminosity for the companion, namely $\log L/L_{\odot} = 4.5$ (corresponding to a star with $M_{ini} \sim 9 M_{\odot}$), and the addition of more dust shells and/or of a wind model would further lower this value. As seen from Fig. 7, a putative such companion contributes

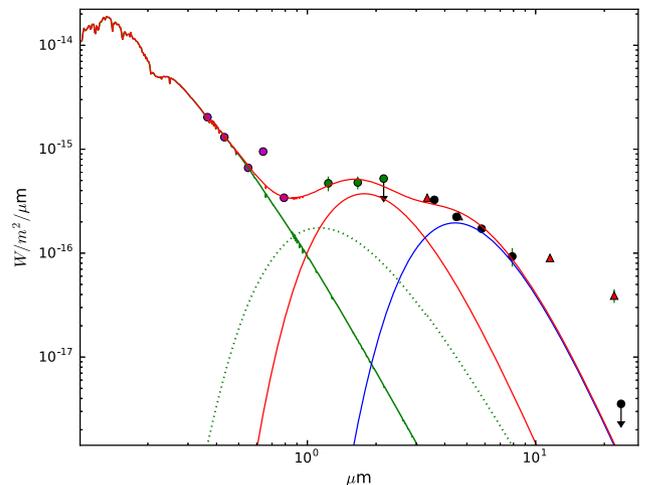


Figure 7. Composite SED fit model of J013333.22+303343.4. The dotted green line corresponds to a blackbody of 2700K to account for an extreme cool supergiant secondary.

only ~ 10 per cent to the total K -band flux, which conflicts with the strong CO band heads that reach half the continuum flux (Fig. 3).

We hence conclude that a cool companion is less likely to explain the current case of molecular absorption.

(iii) J013406.63+304147.8 or B416 is a remarkably luminous star in M33. Our SED fit indicates emission from ionizing winds and a steep increase at $8\ \mu\text{m}$. By inspecting the IRAC maps, the target is found embedded within extended nebulosity at $8\ \mu\text{m}$ although being well resolved at the shorter wavelengths. We hence attribute the $8\ \mu\text{m}$ offset to a strong PAH contamination. A considerable difference of 1.7 mag between the PSF and aperture photometry at $8\ \mu\text{m}$ is further reported by Khan et al. (2015). Optical spectroscopy shows an H II region-like spectrum with emission of Balmer lines, [O III], and [S II] (Corral 1996). Emission of He I, Fe II, and [Fe II] was reported by Massey et al. (1996), who classified the star as an LBV candidate due to its spectroscopic and colour similarity with Var C. Nevertheless, no significant variability that is characteristic of an erupting LBV has been yet reported (Shemmer, Leibowitz & Szkody 2000; Clark et al. 2012). Alternatively, the classification as a massive B[e]SG (Fabrika et al. 2005) is questionable due to the lack of hot dust that is typically associated with the class.

The star is surrounded by an expanding ring-like nebula, which is suggested by Fabrika et al. (2005) to be the remnant of main-sequence or pre-LBV bubble. Shemmer et al. (2000) precluded the nebula from being a circumstellar shell but instead, the star should be located at the center of an H II region. The same study assigned B416 a periodic variability of 8.25 d and further reported long-term variations in the continuum of the star. The case that periodicity originates in eclipsing configurations of a binary was discussed, however, due to the lack of spectroscopic signatures from the companion it was regarded as rather unlikely. On the other hand, by measuring the variability in the radial velocities of He I and H α lines, Sholukhova et al. (2004) detected a period of 16.13 d, almost double the previously reported value, and concluded that B416 is a close interacting binary with a mass ratio of 0.4.

The *K*-band spectrum of the star reveals CO overtone emission implying the presence of a dense shielding structure, which prevents the molecule from dissociation due to the strong radiation from the central star. We favour the case of a circumbinary ring over that of circumstellar disc. Based on its high luminosity beyond the S Dor strip, it is reasonable to consider J013406.63+304147.8 as a pair of stars rather than a single star (Humphreys et al. 2014). We proceeded to evaluate the contribution from two photospheres to the overall fit of the SED. We considered the case where both stellar components contribute equally to the visual flux in an attempt to provide a lower limit for the luminosity of the primary. We fixed the temperature of the primary at 30 000 K consistent to a late-O spectral type (Humphreys et al. 2017a), and repeated the process discussed in Section 4, with the addition of a secondary photospheric component. Visual extinction was set as a free parameter. The best fit to the photometry was then achieved with a 10 000 K secondary and $A_V = 0.9$ mag (Fig. 8). At this marginal case, luminosities were found to be $\log L_1/L_\odot = 6.67$ and $\log L_2/L_\odot = 5.61$ for the primary and secondary, respectively. By increasing the contribution of the primary to the total flux, extinction was increased up to the value of 1.4 mag, which corresponds to the single star case (Table 4). Comparing to evolutionary models in Fig. 6, we infer that the hidden secondary reaches a maximum $M_{\text{ini}} = 32 M_\odot$. These parameters raise a critical discrepancy concerning the coevolution of the components. Based on the theoretical predictions, even if found in a pre-RSG state the secondary should be older than 6.7 Myr. This value is unrealistic for a notably luminous primary, which surpasses the luminosity of a $120 M_\odot$ star the lifetime of which does not exceed 3 Myr. In the frame of stellar encounters, B416

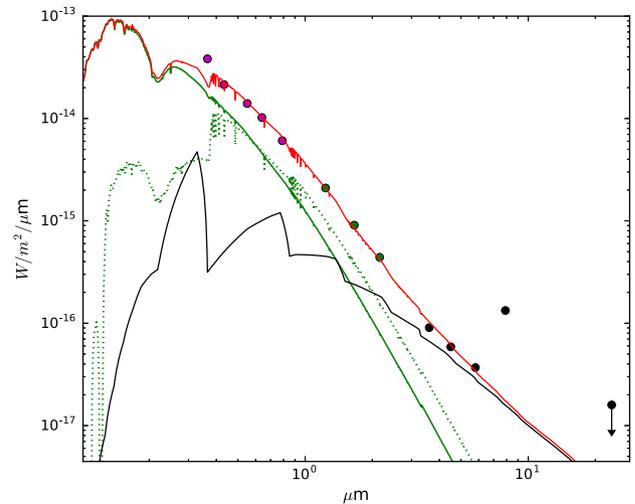


Figure 8. Composite SED fit model of J013406.63+304147.8. The dotted green line represents a secondary stellar component of 10 000 K, which is scaled to match the optical flux of the primary component (solid green line).

could have been a binary with components of similar mass that underwent a rapid mass exchange. At its current state, the system consists of a very massive and overluminous for its mass star, with the donor star being significantly fainter, even below its detection limit. This scenario not only justifies the luminosity of a star being otherwise too high for a single star, but also supports the ejection of gas from the system. Non-conservative Roche lobe overflow of the donor star would result in a circumbinary outflow, which consists of gas that is enhanced in ^{13}C (e.g. Kraus et al. 2013). The measured low $^{12}\text{C}/^{13}\text{C}$ value could serve as an indicator of this process.

(iv) Denoted as a hot LBV candidate by Massey et al. (2007), J013442.14+303216.0 is the coolest of our five studied stars. Its temperature of 6000 K prevents classification as an LBV, even in eruptive phase. Based on the optical spectroscopy of Kouniotis et al. (2017), the star shows narrow H α and nebular [S II] lines. In the same study, the authors concluded that its relatively low luminosity along with the narrow hydrogen profile are not consistent to the properties of a YHG. Our *K*-band spectroscopy lacks evidence of a shielding circumstellar structure as opposed to the emission CO profile of the two YHGs in the LMC sample of Oksala et al. (2013). For non-disc ejecta, the star should have only recently departed from a cool mass-loss phase in order to prevent the physical expansion of the CO shell (McGregor et al. 1988b). We conclude that star J013442.14+303216.0 is either a post-RSG surrounded by diluted or low-mass molecular gas, or a star that is still evolving redwards the HR diagram.

From Fig. 6, J013442.14+303216.0 shares the same evolutionary track with several reported B[e]SGs. Oksala et al. (2013) stated that CO is not detected for B[e]SGs below $\log L/L_\odot = 5$ as a consequence of their low mass-loss rates and thus, their insufficiently low-density circumstellar environments. Nevertheless, three stars above that limit showed absence of CO implying either diversity in the geometry of the circumstellar structures or even a questionable stellar classification. Assigning B[e]SGs with absence of CO a post-RSG status, they may constitute descendants of stars like J013442.14+303216.0. As the latter is not expected to undergo the instability phase of a YHG in order to further shed large amounts of mass, the star is expected to cross the HR diagram bluewards retaining a featureless *K*-band spectrum in the region of the CO bands.

(v) J013235.25+303017.6 is classified as an iron star by Clark et al. (2012). Expanding gas shell gives rise to a He I P Cygni profile, and emission of [N II] indicates circumstellar nebulosity (Humphreys et al. 2014). A lack of diagnostic lines for B[e]SGs, such as [Fe II] and [O I], is reported by Humphreys et al. (2017a). The data from *Spitzer* trace emission from ionizing winds and further indicate the presence of cool dust at longer wavelengths. Along with these features, our inferred high luminosity of $\log L/L_{\odot} = 6.15$ render the star a potential LBV in quiescence.

J013235.25+303017.6 is the second of our observed objects that displays the CO molecule in emission. Modelling of the *K*-band spectrum favours the presence of a dense circumstellar disc, although the low S/N ratio of the data may undermine a robust conclusion. Theoretical models at solar metallicity predict that a $60 M_{\odot}$ star has already reached a low ratio $^{12}\text{CO}/^{13}\text{CO} (< 5)$ during its post-main-sequence lifetime (Fig. 6). Our modelled value is found higher than the predicted, which implies that the surrounding molecular gas could have been structured already at the early stellar phases. On the other hand, half-solar metallicity models predict that a $^{12}\text{CO}/^{13}\text{CO} \sim 10$ is expected when stars have already encountered the Humphreys–Davidson limit. A past instability phase may justify ejection of material that formed the currently observed cool dust shell, although it is questionable whether the duration of such transition phase is long enough for the star to establish a large CO envelope. CO emission is not anticipated in the spectrum of LBVs, however, exceptional cases such as HR Car have been reported, showing a variable CO profile that switches from emission to absorption within a short interval (Morris et al. 1997). Emission of CO arising from ejected shells (e.g. from LBV eruptions) must be short-lived due to the fast dilution of the gas to densities below the value that is critical for collisional excitation (McGregor et al. 1988b). Long-lasting CO emission may point out another mechanism that preserves gas to sufficient densities, such as the discs surrounding Oe stars (Conti & Leep 1974; Rauw et al. 2007). Intrinsic rotation close to the critical velocity would establish a high-density equatorial outflow already at the early stellar lifetime (Kurfürst, Feldmeier & Krtićka 2018) and, at the same time, enhance internal mixing processes for the efficient enrichment of the surface with core-burning products (Decressin et al. 2007). On departure from the main sequence, the angular momentum loss would slow down the star and consequently halt the replenishment of the disc. Posterior to this point, further processed material would be dissociated due to strong radiation field. This may provide explanation for the discrepancy between the measured $^{12}\text{CO}/^{13}\text{CO}$ presumably originating from an early-formed disc and the expected low value from the models. Interestingly, the location of J013235.25+303017.6 on the evolutionary diagram is similar to that of the peculiar Oe star LHA 120-S 124 in the LMC, which also shows a prominent and stable CO overtone emission (Oksala et al. 2013). The latter star was characterized as an active LBV (van Genderen et al. 1998), although Stahl & Wolf (1987) classified it as a late-O supergiant with a circumstellar disc, as inferred from the observed double-peak Fe II emission.

6 CONCLUSIONS

We undertook *K*-band spectroscopy of five luminous stars in M33 characterized by high mass-loss rates, to gain insight into their gaseous surroundings and to better understand the advanced stages in the lifetime of extreme massive stars. The objects are bright targets in the infrared with $M_{[3.6]} < -8$ mag, occupying regions where B[e]SGs, LBVs, and YHGs reside. By modelling the SED

of our stars with photospheric, wind and dust components, we estimated effective temperatures and derived bolometric luminosities. With accurate distance measurements in hand, these extragalactic targets well confine their location on the evolutionary diagram thus allowing a direct comparison to theoretical models.

We report two stars, J013248.26+303950.4 and J013442.14+303216.0, showing absence of the CO molecule. Of these, the spectrum of the luminous LBV candidate J013248.26+303950.4 indicates prevention of molecular formation due to the hot temperature of the star. For the less luminous warm supergiant, insufficient gas densities or a non-recent RSG phase could justify observations. The hot B[e]SG candidate J013333.22+303343.4 displays a remarkable absorption CO profile, which is attributed to gas interfering between the observer and the star e.g. a bipolar stream. Alternatively, stellar pulsations may be responsible for a variant CO profile depending on the compression or expansion phase of the circumstellar gas. The remaining two stars in our sample show emission in the CO bandheads. Of these, we suggest the hotter, J013235.25+303017.6, as an Oe star where emission emerges from an early-formed circumstellar disc. The most luminous star of our sample, J013406.63+304147.8, leaves room for a faint cool companion, which could support both the striking luminosity of the main star owing to mass transfer and the formation of a circumbinary disc/ring, which consists of processed material ejected from the system.

The current near-infrared data can serve as milestone to follow-up studies, which will assess the evolutionary picture of the five extreme stars and their analogues. Spectroscopic monitoring of the objects is needed to evaluate the stability of the CO molecule. A variable profile could be investigated in the frame of pulsation cycles, interaction of the molecular circumstellar gas with shockwaves, or the physical expansion, and thus dilution of the gas volume. In addition, optical high-resolution spectroscopy on [Ca II] and [O I] lines will allow insight into the kinematics and disc/ring structures (e.g. Aret et al. 2012; Aret et al. 2016, 2017; Kraus et al. 2016; Maravelias et al. 2017; Torres et al. 2018). Profile variability as a consequence of orbital motion within a binary could reveal the dominant role of stellar encounters to the rotating status of the discussed stars, the chemical enrichment through deposit or stripping processes and the formation of circumbinary rings. Along with time-series photometry obtained by long-term monitoring surveys such as Pan-STARRS (Chambers et al. 2016) and *Gaia* (Gaia Collaboration et al. 2016), future studies could associate phases of enhanced mass-loss to stellar and environmental modulations.

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